

EMERGENCY GRAB BAG LIST

This checklist will help you get ready in 15 minutes!

IMPORTANT DOCUMENTS

- ☐ Wallet with ID card, credit/debit card, cash
- ☐ Medical Insurance Cards (copy)
- ☐ House & vehicle proof of ownership/rental (copy)
- ☐ _____
- ☐ _____
- ☐ _____

TOOLS & ENERGY

- | | |
|--|--|
| ☐ Batteries | ☐ Phone powerbank & charger |
| ☐ Flashlight | ☐ Notepad and pen |
| ☐ First Aid Kit | ☐ _____ |
| ☐ Whistle | ☐ _____ |

FOOD & DRINK

- ☐ Instant & non-perishable food
- ☐ Bottled water
- ☐ _____

PERSONAL NEEDS

- ☐ Change of clothes (2 pair)
- ☐ Sturdy, closed toed shoes
- ☐ Mini toiletries (toothbrush, soap)
- ☐ Medication(s):
 - ☐ _____
 - ☐ _____
 - ☐ _____
- ☐ Glasses (or contacts)
- ☐ _____
- ☐ _____



EMERGENCY CONTACTS & INFO

Keep this list up to date and in your Go Bag.

EMERGENCY CONTACTS LIST

Name: _____ Phone #: _____

Name: _____ Phone #: _____

Name: _____ Phone #: _____

Name: _____ Phone #: _____

Name: _____ Phone #: _____

Name: _____ Phone #: _____

Name: _____ Phone #: _____

IMPORTANT MEDICAL INFO & ALLERGIES

PET EMERGENCY SUPPLIES

Keep an up to date picture of pets in your go bag.

ESSENTIALS

- ☐ Food and water
- ☐ Bowl(s)
- ☐ Manual can opener
- ☐ Medication(s):
 - ☐ _____
 - ☐ _____
 - ☐ _____
- ☐ Collar w/ ID tags (place on pets)
- ☐ Leash(es)
- ☐ _____
- ☐ _____

OPTIONAL ITEMS

- ☐ Basic First Aid Supplies (saline, non-stick bandage/wrap, antibiotic ointment, etc.)
- ☐ Muzzle(s)
- ☐ Treats/toy
- ☐ Carrier or crate(s) labeled w/ contact information
- ☐ _____

DOCUMENTS

- ☐ Microchip Information (copy)
- ☐ Vaccination history (copy)
- ☐ Emergency Contact:
 - Name: _____
 - Number: _____
- ☐ Veterinarian Info:
 - Name: _____
 - Number: _____
 - ☐ _____
 - ☐ _____

