



Food Assistance

- Ballard County Community Food Pantry
 - The Ballard County Community Food Pantry serves **Ballard County residents only**. Proof of residency is required, and qualifications are based on income.
 - Mondays, Wednesdays, and Fridays 9:00 a.m.-12:00 p.m.
 - St. Mary's Catholic Church, 662 Broadway, LaCenter 42056
 - 270-665-5551
- Enon Baptist Church
 - The Enon Baptist Church has a food pantry for **Graves County residents only**.
 - Mondays 5:30-6:30
 - 270-328-8766
- Family Services Society
 - The Family Services Society serves **McCracken County residents only**. It offers an emergency food bank.
 - Monday-Friday 9:00 a.m.-12:00 p.m. and 1:00 p.m.-3:30 p.m.
 - 827 Joe Clifton Drive, Paducah
 - 270-443-4838
- First Assembly of God
 - 111 Sutton Lane North, Mayfield
 - 270-247-5677
 - Thursdays from 9:00-11:00 a.m.
- His Hands Ministries
 - His Hands Ministries offers produce, breads, desserts, and other food items every Friday. Follow them on Facebook for location, as it changes every week.
 - Take a bag or box. Not a drive-thru, and no holds or deliveries.
- Marcella's Kitchen
 - Marcella's Kitchen serves free meals. You do not have to be a resident of Marshall County.
 - Monday-Friday 11:00 a.m.-1:00 p.m.
 - 868 Guy Mathis Drive, Benton 42025
 - 270-493-0396
- Marcella's on the Move
 - Marcella's on the Move delivers meals to **homebound residents in Marshall County**.
 - Call 270-493-0396 for qualifications and to apply.



Food Assistance continued

- Marshall County Caring Needline
 - The Marshall County Caring Needline has a food pantry for **Marshall County residents only**. Must provide first and last names, last 4 of social security numbers, dates of birth, and relationships of all household members. Must also provide total monthly household income. May call ahead to make sure you are qualified for assistance.
 - Wednesdays, Thursdays, and Fridays 9:00 a.m.-12:00 p.m.
 - 307 Main Street, Benton 42025
 - 270-527-0024
- Martha's Vineyard Mission
 - Martha's Vineyard Mission delivers meals to homebound seniors and disabled people **within the Paducah city limits** (some restrictions apply) two times a week. Individuals must have a doctor's referral. Call 270-575-0021 to get the requirements.
- Mayfield-Graves County Needline and Food Pantry
 - The Food Pantry is open Monday-Thursday 10:00-11:45 a.m.
 - 424 South 9th Street, Mayfield
 - 270-247-6333 (NEED)
- Mayfield-Graves County Senior Center
 - The Mayfield-Graves County Senior Center offers lunch daily from 11:00 a.m.-12:15 p.m. for individuals 60 and older.
 - 901 North 15th Street, Mayfield
 - 270-247-2566
- Meals on Wheels
 - Meals on Wheels delivers food for individuals 60 and older.
 - Call 270-247-9426 to get approved and to be put on the list.
- Milburn United Methodist Church Food Pantry
 - Wednesdays 4:00-4:30
 - 6963 KY-80 East, Arlington 42021
 - 270-564-6103
- Murray-Calloway County Needline
 - Monday-Friday 10:00 a.m.-4:00 p.m.
 - 509 North 8th Street, Murray 42071
 - 270-753-6333 (NEED)
- Operation Not One Missed
 - Fridays 4:00-6:00 p.m.--Operation Not One Missed gives out food boxes at Calvary Cumberland Presbyterian Church, 98 Calvary Church Road, Mayfield. ID is required.
 - Every 3rd Tuesday 4:00-6:00 p.m.--Operation Not One Missed gives out food boxes at 1100 West Broadway, Mayfield (the old Sparks Elementary building). ID is required.



Food Assistance continued

- Paducah's Community Kitchen
 - Paducah's Community Kitchen offers a free lunch Monday-Friday from 11:00 a.m.-1:00 p.m.
 - 1237 Martin Luther King Drive, Paducah 42001
 - 270-575-3400
- Paducah's Cooperative Ministry
 - Paducah's Cooperative Ministry's resources are for **McCracken County residents only**. They provide a 2-3 day supply of emergency groceries to families in crisis one time a month for up to five times in a one-year period. Photo ID is required, and social security cards for all household members are required.
 - website: paducahcoopministry.org
 - 402 Legion Drive, Paducah 42003
 - 270-442-6795
- St. Vincent De Paul
 - St. Vincent De Paul offers food assistance one time a month. A photo ID and social security number are required.
 - Fridays 1:00 p.m.-3:30 p.m.
 - 702 West Broadway, Mayfield (Behind St. Joseph's Catholic Church)
- St. Vincent De Paul Thrift Store & Food Pantry
 - Tuesday-Thursday 10:00 a.m.-1:00 p.m.
 - 2025 Cairo Road, Paducah 42002
 - 270-442-9351
- Soup for the Soul
 - Soup for the Soul offers a free hot meal, takeout or dine-in. Only one meal per person present.
 - Mondays takeout only 4:00 p.m.-5:30 p.m.
 - Tuesday-Friday dine-in only 4:00 p.m.-5:30 p.m.
 - 411 Maple Street, Murray 42071
 - 270-768-7006
- The Way Community Center
 - The Way Community Center offers a food pantry.
 - 6175 KY-339, Wingo, KY 42088
 - Mondays 5:30-7:00 p.m.



Asistencia de Alimentos

- Ballard County Community Food Pantry
 - The Ballard County Community Food Pantry serves Ballard County residents only. Proof of residency is required, and qualifications are based on income.
 - Mondays, Wednesdays, and Fridays 9:00 a.m.-12:00 p.m.
 - St. Mary's Catholic Church, 662 Broadway, LaCenter 42056
 - 270-665-5551
- Enon Baptist Church
 - La Enon Baptist Church tiene una despensa de comida solo para residentes del Condado Graves.
 - Lunes 5:30 PM a 6:30 PM
 - 270-328-8766
- Family Services Society
 - La Family Services Society sirve a los residentes del **Condado McCracken solamente**. Ofrecen banco de alimentos de emergencia.
 - Lunes a viernes 9:00 a.m-12:00 p.m. y de 1:00 p.m.-3:30 p.m.
 - 827 Joe Clifton Drive, Paducah
 - 270-443-4838
- First Assembly of God (*Primera Iglesia Asambleas de Dios, inglés*)
 - 111 Sutton Lane North, Mayfield
 - 270-247-5677
 - Los Jueves de 9:00-11:00 a.m.
- Mayfield-Graves County Needline (*despensa de alimentos*)
 - Lunes a Jueves de 10:00-11:45 a.m.
 - 424 South 9th Street, Mayfield
 - 270-247-6333
- His Hands Ministries
 - His Hands Ministries tiene frutas y vegetales, pan, postres y otros alimentos, cada viernes. Búsquenlos en Facebook para saber el lugar y horario donde estarán ubicados pues cambia cada semana.
 - Traiga su bolsa o caja para los alimentos. No se entregarán alimentos en ventanilla de carros ni se harán entregas.
- Marcella's Kitchen
 - Marcella's Kitchen sirve comidas calientes. No tiene que ser residente del Condado Marshall.
 - Lunes a viernes de 11:00 a.m. a 1:00 p.m.
 - 868 Guy Mathis Drive, Benton 42025
 - 270-493-0396
- Marcella's on the Move
 - Marcella's on the Move hace entregas de comida a personas del Condado Marshall que no pueden salir de sus casas por razones justificadas.
 - Llame en inglés al 270-493-0396 para calificar y solicitar.



Asistencia de Alimentos, continuación

- Marshall County Caring Needline
 - Tiene una tienda de segunda **para residentes del condado Marshall solamente**. Deberá proveer nombre completo, los últimos 4 números de su seguro social, fechas de nacimiento y relación de todas las personas que viven en el hogar. Deberá proveer el ingreso de todas las personas que viven en el hogar. También puede llamar para asegurarse de que se cualifica para la asistencia.
 - Miércoles, jueves, y viernes de 9:00 AM a 12:00 PM.
 - 307 Main Street, Benton 42025
 - 270-527-0024
- Martha's Vineyard Mission
 - Martha's Vineyard Mission hace entregas de comida a personas que no pueden salir de su casa porque están enfermos **en la ciudad de Paducah solamente, dos veces en semana (algunas restricciones aplican)**. Las personas deben tener un referido de su doctor. Llame al 270-575-0021 (en inglés) para una lista de requerimientos.
- Mayfield Graves County Needline and Food Pantry
 - Needline abre Lunes a Jueves de 10:00 a 11:45 AM
 - 424 South 9th Street, Mayfield
 - 270-247-6333
- Mayfield-Graves County Senior Center (Centro de envejecientes)
 - El Centro de envejecientes ofrece comida (almuerzo) diariamente de 11:00am a 12:15 pm para individuos de 60 años o más.
 - 901 North 15th Street, Mayfield
 - 270-247-2566
- Meals on Wheels
 - "Meals on Wheels" hace entregas de comida gratis para personas de 60 años o más
 - LLame al 270-247-5677 (en inglés) para su aprobación y ser añadido a la lista
- Milburn United Methodist Church Food Pantry / Despensas de Comida
 - Miércoles de 4:00-4:30
 - 6963 KY-80 East, Arlington 42021
 - 270-564-6103
- Murray-Calloway County Needline / Despensas de Comida
 - Lunes a viernes de 10:00 a.m.-4:00 p.m.
 - 509 North 8th Street, Murray 42071
 - 270-753-6333 (NEED)
- Operation Not One Missed
 - Viernes 4:00-6:00 p.m.--Operation Not One Missed entrega cajas de comida en Calvary Cumberland Presbyterian Church, 98 Calvary Church Road, Mayfield. ***Lleva tu identificación contigo.
 - Cada tercer martes del mes de 4:00 a 6:00 PM "Operation Not One Missed" entrega cajas de comida en 1100 West Broadway, Mayfield (el antiguo edificio de Sparks Elementary)



Asistencia de Alimentos, continuación

- Paducah's Community Kitchen
 - Ofrece comida (almuerzo) gratis de lunes a viernes de 11:00am a 1:00pm
 - 1237 Martin Luther King Drive, Paducah 42001
 - 270-575-3400
- Paducah's Cooperative Ministry
 - Los recursos de Paducah's Cooperative Ministry son **solo para residentes del Condado McCracken**. Ellos proveen despensas de emergencia una vez al mes o cinco veces al año, alimentos suficientes para 2 a 3 días. Es necesario tener identificación con retrato y tarjetas de seguro social de todos los residentes del hogar.
 - Página web: www.paducahcoopministry.org
 - 402 Legion Drive, Paducah 42003
 - 270-442-6795
- St. Vincent De Paul
 - St. Vincent De Paul ofrece asistencia de alimentos una vez al mes. Una identificación con retrato es necesaria.
 - Viernes de 1:00pm a 3:30pm
 - 702 West Broadway, Mayfield (Detrás de St. Joseph Church)
- St. Vincent De Paul Tienda de segunda y despensas de alimentos
 - Martes a jueves de 10:00 a.m.-1:00 p.m.
 - 2025 Cairo Road, Paducah 42002
 - 270-442-9351
- Soup for the Soul
 - Soup for the Soul dará una comida caliente para llevar o para comer ahí. La comida es solo para los que estén presentes. Martes a viernes de 4:00pm a 5:30pm.
 - Lunes comida para llevar solamente de 4:00pm a 5:30pm.
 - 411 Maple Street, Murray 42071
 - 270-768-7006
- The Way Community Center
 - The Way Community Center ofrece despensas de alimentos
 - 6175 KY-339, Wingo, KY 42088
 - Lunes de 5:30-7:00 p.m.